



GYMNASTICS

Gymnastics and Acrobatics for all ages

At The Stour Centre Station Approach, Ashford TN23 1ET / For more info contact: gymnastics@dancevisions.co.uk

Time / Day	Mon	Tues	Weds	Thurs	Fri	Sat
9.00 - 10:00						Acro Yoga for Adults
9.30 -10.30					Mummy & Me Yoga & Stretch	
10.30 -11.30			Tiny Tots	Tiny Tots	Home-Ed	
9.00 - 10.00						
10.00 -11.00						Juniors / Inters
11.00 -12.00						Seniors / Acro/Rhythmic
12.00 - 13.00						
16.00 -17.00		Juniors		Juniors		
17.00 -18.00	Inters/Seniors	Inters		Inters		
18.00 -19.00		Seniors				
18.00 -18.45					Acro Dance Minis	
18.45-19.30					Acro Dance Juniors	
19.30-20.30					Acro Dance Seniors	
18.00 -20.00					Performance Squad	
20.00 - 21.00					Adult & Pre-Adult	

Tiny Tots	Confidently Walking – 3- 5 Years (Pre-school)	Gymnastics Home-Ed Class	Mixed ages
Recreational Gymnastics		Acro Dance	
Juniors	Reception – Years 1 & 2	Minis	Reception & Years 1 & 2
Inters	Years 3 & 4	Juniors	Years 3, 4 & 5
Seniors	Years 5, 6 & 7	Seniors	Years 6 and up
Gymnastics Performance Squad	Invite Only	Acro Yoga for Adults	Adult 18yrs+
Gymnastics Adult & Pre-Adult	Pre-Adult Year 8 - 18yrs+ / Adult 18yrs+	Mummy & Me -Yoga & Stretch	Mums with bumps & babies (non- crawling)
Acro/Rhythmic	Mixed ages from 7yrs +		

Dance Visions - Gymnastics
All things Gymnastics and Acrobatics for all ages

2024 / 2025 Terms

August 2024							September 2024							October 2024							November 2024						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
			1	2	3	4							1		1	2	3	4	5	6					1	2	3
5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10
12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	
							30																				
December 2024							January 2025							February 2025							March 2025						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
						1			1	2	3	4	5						1	2						1	2
2	3	4	5	6	7	8	6	7	8	9	10	11	12	3	4	5	6	7	8	9	3	4	5	6	7	8	9
9	10	11	12	13	14	15	13	14	15	16	17	18	19	10	11	12	13	14	15	16	10	11	12	13	14	15	16
16	17	18	19	20	21	22	20	21	22	23	24	25	26	17	18	19	20	21	22	23	17	18	19	20	21	22	23
23	24	25	26	27	28	29	27	28	29	30	31			24	25	26	27	28			24	25	26	27	28	29	30
30	31																				31						
April 2025							May 2025							June 2025							July 2025						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
	1	2	3	4	5	6				1	2	3	4							1		1	2	3	4	5	6
7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
														30													
August 2025							DV Gymnastics Term Time							Bank Holiday - No Classes													
M	T	W	T	F	S	S	School Holidays							NO class on this due to venue unavailability													
				1	2	3	DV Gymnastics LOCATION: The Stour Centre Station Approach, Ashford TN23 1ET																				
4	5	6	7	8	9	10	We have SIX TERMS per academic year. Autumn Term 1&2 /Spring Term 1&2 /Summer Term 1&2. Once enroled you will receive rolling invoices for each term. Term fees are on going until written notice is given as per T& C's agreed to on enrolment. Each Student must have membership to be enroled. Yearly Annual Membership fee per student applies.																				
11	12	13	14	15	16	17																					
18	19	20	21	22	23	24																					
25	26	27	28	29	30	31																					