

## \*\*\*Children's Classes\*\*\*

<b>Monday</b>		
Time	Class	Age
09:30 - 10:15	Tinies Gymnastics	2-4 yrs
16:00 - 17:00	Gymnastics - Inters	7-9 yrs
16:15 - 16:45	G1 Tap	7-9yrs
16:45 - 17:15	G2 Modern Theatre Dance	8-10yrs
16:30 - 17:15	Vicky King - Beginners Street Dance	7-11 yrs
17:15 - 18:00	G3 Modern Theatre Dance	9-11 yrs
17:15 - 18:00	G1 Ballet	7-9 yrs
17:15 - 18:00	Vicky King - Beginners Street Dance	11-16 yrs
18:00 - 18:45	G4 Tap	11-13yrs
18:45 - 19:30	G5 Modern Theatre Dance	12-14 yrs
<b>Tuesday</b>		
Time	Class	Age
16:00 - 17:00	Rhythmic Gymnastics - Juniors	4 - 6 yrs
17:00 - 18:00	Rhythmic Gymnastics - Inters	7 - 9 yrs
18:00 - 19:00	Acrobatic Gymnastics - Inters	7 - 9yrs
19:00 - 20:00	Acro/Rhythmic Gymnastics - Seniors	10 - 16yrs
<b>Wednesday</b>		
Time	Class	Age
11:00 - 11:45	Ballet/Tap for Babies	3.5 - 4.5 yrs
11:45 - 12:15	Ballet for Babies	2.5 - 3.5 yrs
16:00 - 17:00	Gymnastics - Juniors	4-6 yrs
16:00 - 17:00	Pre-Primary Ballet, Tap & Modern	4.5 - 6 yrs
17:00 - 17:45	Primary Ballet	6-8 yrs
17:00 - 18:00	Gymnastics - Inters	7 - 9 yrs
18:00 - 19:00	Gymnastics - Seniors	10-12 yrs
<b>Thursday</b>		
Time	Class	Age
16:00 - 17:00	Gymnastics - Juniors	4 - 6 yrs
17:00 - 18:00	Gymnastics - Inters	7 - 9 yrs
18:00 - 19:00	Gymnastics - Seniors	10-12 yrs
<b>Friday</b>		
Time	Class	Age
17:00 - 18:00	Gym Squad - Inters	7 - 9 yrs
18:00 - 19:00	Gym Squad - Seniors	10 - 12 yrs

<b>Saturday</b>		
Time	Class	Age
09:00 - 10:00	Gymnastics - Juniors	4 - 6 yrs
09:00 - 09:30	Ballet for Babies	2.5 - 3.5 yrs
09:30 - 10:15	Ballet / Tap for babies	3.5 - 4.5 yrs
09:00 - 10:00	Pre-Primary Ballet, Tap & Modern	4.5 - 6 yrs
10:00 - 10:30	Primary Tap	6 - 8 yrs
10:30 - 11:15	Primary Ballet	6 - 8 yrs
11:15 - 11:45	G1 Modern Theatre Dance	6 - 8 yrs
10:00 - 11:00	Gymnastics - Inters	7 - 9 yrs
11:00 - 12:00	Gymnastics - Seniors	10 - 12 yrs
12:00 - 13:00	Gymnastics - Juniors	4 - 6 yrs
11:45 - 12:30	G1 Ballet	7 - 9 yrs
12:30 - 13:15	G2 Ballet	9 - 11 yrs
13:15 - 14:00	G3 Ballet	10 - 12 yrs

## \*\*\* Adult Classes \*\*\*

<b>Monday</b>		
Time	Class	Price
10:30 - 11:30	Adult Flowdance Contemporary (40yrs+)	£ 6.00
18:30 - 19:30	ADULT Tap Beginners	£ 8.00
19:30 - 20:30	ADULT Contemporary (4wk Courses)	£ 32.00
19:30 - 20:30	ADULT Ballet (Improvers/Inters) 4wk courses	£ 32.00
<b>Tuesday</b>		
Time	Class	Price
19:00 - 20:00	ADULT Beginner Ballet	£ 8.00
19:30 - 20:30	ADULT Salsa Lessons	£ 8.00
20:30 - 21:30	ADULT Freestyle Dancing	£ -
<b>Wednesday</b>		
Time	Class	Price
10:00 - 11:00	ADULT Regenerate Ballet (40yrs +)	£ 6.00
<b>Thursday</b>		
Time	Class	Price
10:30 - 11:30	ADULT Zumba	£ 6.00
17:00 - 18:00	ADULT Yoga	£ 7.00

Studios are also available for hire - Rehearsals, Clubs, Meetings, Training, Talks, Conferences, Corporate Events, Dance and private Lessons.

Dance Visions Studios - Henwood, Ashford, Kent, TN24 8DG 01233 660393 info@dancevisions.co.uk