

Children's Classes

Monday		
Time	Class	Age
09:30 - 10:15 am	Tinies Gymnastics	2-4 yrs
4:00 - 5:00 pm	Gymnastics - Inters	7-9 yrs
4:15 - 4:45 pm	Primary Tap	5-7 yrs
4:45 - 5:15 pm	G1 Modern Theatre Dance	5-7 yrs
5.15 - 6 pm	G3 Modern Theatre Dance	7-10 yrs
5:00 - 6:00pm	Vicky King - Street Dance	7-16 yrs
6 - 6:45 pm	G4 Tap	9-12 yrs
6:45 - 7:30 pm	G5 Modern Theatre Dance	11-13 yrs
7:30 - 8 pm	Technique	11-16 yrs
Wednesday		
Time	Class	Age
11 - 11:30 am	Ballet for Babies	2.5 - 3.5 yrs
11:30-12:15 am	Ballet/Tap for Babies	3.5 - 4.5 yrs
4 - 5 pm	Gymnastics - Juniors	4-6 yrs
4 - 5 pm	Pre-Primary Ballet, Tap & Modern	4.5 - 6 yrs
5 - 5:45 pm	Primary Ballet	6-7 yrs
5 - 6 pm	Gymnastics - Inters	7 -9 yrs
5:45 - 6:30 pm	G6 Modern Theatre Dance	14 yrs +
6 - 7 pm	Gymnastics - Seniors	10-12 yrs
7 - 7:45 pm	Rhythmic Gymnastics	10 yrs +
Thursday		
Time	Class	Age
09:30 - 10:15 am	Dinkie Dribblers (Football)	2 - 4 yrs
10:30 - 11:30 am	Home Ed Fitness (a-zactive23@hotmail.com)	4 - 10 yrs
4 - 5 pm	Gymnastics (Juniors)	4 - 6 yrs
5 - 6 pm	Gymnastics (Inters)	7 - 9 yrs
6 - 7pm	Pitch Perfect Singing Class	7yrs +
Saturday		
Time	Class	Age
9 - 9:30 am	Ballet for Babies	2.5 - 3.5 yrs
9 - 10 am	Gymnastics (Juniors)	4 - 6 yrs
9:30 - 10:15 am	Ballet / Tap for babies	3.5 - 4.5 yrs
10 - 11 am	Gymnastics (Inters)	7 - 9 yrs
10:15 - 11:15 am	Pre-Primary Ballet, Tap & Modern	4.5 - 6 yrs
11am - 12pm	Gymnastics (Seniors)	10 - 12 yrs
11:15 - 12:00 pm	Primary Ballet	6-7 yrs
12 - 12:45 pm	G1 Ballet	7 - 8 yrs
12:45 - 1:30 pm	G2 Ballet	8 - 10 yrs

Adult Classes

Monday		
Time	Class	Price
6:30 - 7:30 pm	ADULT Tap Beginners	£ 7.00
7:30 - 8:30 pm	ADULT Contemporary (4wk Courses)	£ 30.00
6:30 - 9:30 pm	ADULT Pole Dancing (Pussy Cat Poles)	
Tuesday		
Time	Class	Price
7:30 - 8:30 pm	ADULT Salsa Lessons	£ 7.00
8:30 - 9:30 pm	ADULT Freestyle Dancing (Salsa practice time)	£ -
Wednesday		
Time	Class	Price
10 - 11 am	ADULT Regenerate Ballet 40yrs +	£ 5.50
7:30 - 8:30 pm	ADULT Callanetics www.callanetics-canterbury.co.uk	
7:30 - 8:30 pm	ADULT Ballet (Improvers/Inters) 4wk courses	£ 30.00
Thursday		
Time	Class	Price
10:30 - 11:30 am	ADULT Zumba	£ 6.00
11:30-12:30pm	ADULT Callanetics www.callanetics-canterbury.co.uk	
7:00 - 8:00 pm	ADULT Commercial / Street Dance	£ 7.00

Studios are also available for hire - Rehearsals, Clubs, Meetings, Training, Talks, Conferences, Corporate Events, Dance and private Lessons.

Please note: For Children's Classes - All ages are a guide. Classes are mainly based on ability so please ask a member of staff if you require guidance or any further information when choosing classes. Children's classes do not run in School Holidays. Please check for any changes or breaks to Adult classes which we normally keep running in school holidays.